



Pregnancy

ESSENTIALS

FAVORITE ITEMS



**WHAT TO EXPECT
WHEN YOU'RE
EXPECTING:
(UPDATED IN 2025)**

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**MOMCOZY
PREGNANCY
PILLOWS FOR
SLEEPING**

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**MOMCOZY
PORTABLE
PREGNANCY
PILLOW**

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**ARM & HAMMER
SIMPLY SALINE
DAILY CARE NASAL
MIST**

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**AMACOOL BATTERY
OPERATED
STROLLER FAN**

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**TRIDEER EXERCISE
BALL FOR YOGA**

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**PALMER'S COCOA
BUTTER FORMULA
MASSAGE LOTION**

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**NATURE MADE
PRENATAL
VITAMINS FOR
WOMEN WITH FOLIC
ACID + DHA**

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**SOLGAR VITAMIN
B6 25 MG**

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**STANLEY
QUENCHER H2.0
TUMBLER WITH
HANDLE AND
STRAW 40 OZ**

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